

Relationship between health status and emotional competence of primary school teachers

■ P.G. Holeyannavar and S.K. Itagi¹

Department of Human Development and Family Studies, College of Rural Home Science, University of Agricultural Sciences, DHARWAD (KARNATAKA) INDIA

¹Department of Human Development, College of Home Science, Punjab Agricultural University, LUDHIANA (PUNJAB) INDIA
(Email : poojash@gmail.com; itagi.s.k.@gmail.com)

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ABSTRACT

A study on relationship between health status and emotional competence of 105 primary school teachers aged more than 25 years, with at least 5 years of teaching experience was conducted in Dharwad city during 2008-09. Health status was assessed using the Post Graduate Institute of Medical Education and Research (P.G.I.) Health Questionnaire N-2 developed by Wig and Verma (1978) and emotional competence by EC- Scale developed by Bharadwaj and Sharma (1995). The results revealed that majority of the teachers (89.5%) showed average to competent level of emotional competence and mildly affected physical and mental health status (88.6%). There was negative relationship between age and work experience with health status of teachers. Age and work experience of teachers had positive and highly significant relationship with the emotional competence. Negative and highly significant relationship was found between health status and emotional competence of teachers, indicating increase in the emotional competence reduced the physical and mental health problems. Thus, the study concluded that increase in the age and work experience resulted in increased emotional competence. Also higher the emotional competence there was significant reduction in the health problems (neurosis) among primary teachers.